



# Parent Meeting

3 June 2010



# Agenda

1. Welcome and Sign-In sheet
2. Introduction - purpose of course
3. Course Schedule - Events within Course and After the Course
  - Picnic
  - Regatta
  - Bart Halpin
  - Club Racing
  - Inter-Schools
  - Frost Bites
4. Code of Conduct - Parent in Locis
  - a. Land Conduct - Changing Rooms
  - b. Sea Conduct - Follow instructions of Instructors, Nose Diving, Fixing is expensive, Boat Declaration Forms
  - c. Escalation
5. Parent on Duty Roster
6. Responsibilities of the Parent on Duty
7. Assignment of Boats
8. Appropriate Gear etc.
9. Forms that we are missing



## Introduction

- The objective of the Junior Sailing Course is

**F U N**

- Learn to Sail, in a safe and fun environment where all people and property are respected
- The Junior Sailing Course is a school of sailing
  - There are rules to ensure safety, reduce the stress and increase the satisfaction and enjoyment for all
- CYBC is run by volunteers for the members
  - We always need more help and more volunteers



# Course Schedule / Club Racing

- 24 June 1700 Junior Work Party
  - Help to get Club Ready for the course
- During the Course:
  - A picnic/day trip sail to Bull Island or similar location
  - Junior Regatta
- 10/11 July 'At Home' CYBC Regatta
- August - E-Boat Sailing
- August - IDRA Sailing
- Sept - Inter Schools
- Sept/Oct – CYBC Frost Bites
- PY Club Racing Start throughout.

| Week                           | Organiser        | Start | Finish | Racing | FG   |
|--------------------------------|------------------|-------|--------|--------|------|
| <b>Week 1 Pauline Glees</b>    |                  |       |        |        |      |
|                                | 28-Jun Monday    | 09:30 | 16:30  | No     |      |
|                                | 29-Jun Tuesday   | 10:00 | 17:00  | No     |      |
|                                | 30-Jun Wednesday | 11:00 | 18:00  | No     |      |
|                                | 01-Jul Thursday  | 11:00 | 18:00  | No     |      |
|                                | 02-Jul Friday    | 11:30 | 18:30  | No     |      |
| <b>Week 2 Shane O'Flaherty</b> |                  |       |        |        |      |
|                                | 05-Jul Monday    | 13:30 | 20:30  | Yes    | 1915 |
|                                | 06-Jul Tuesday   | 13:30 | 20:30  | Yes    | 1915 |
|                                | 07-Jul Wednesday | 08:30 | 14:30  | Yes    | 1915 |
|                                | 08-Jul Thursday  | 08:30 | 14:30  | No     |      |
|                                | 09-Jul Friday    | 08:30 | 14:30  | No     |      |
| <b>Week 3 Aidan Cronin</b>     |                  |       |        |        |      |
|                                | 12-Jul Monday    | 09:00 | 16:00  | No     |      |
|                                | 13-Jul Tuesday   | 09:30 | 16:30  | No     |      |
|                                | 14-Jul Wednesday | 10:00 | 17:00  | No     |      |
|                                | 15-Jul Thursday  | 11:00 | 18:00  | No     |      |
|                                | 16-Jul Friday    | 11:00 | 18:00  | No     |      |
| <b>Week 4 Barry Linnane</b>    |                  |       |        |        |      |
|                                | 19-Jul Monday    | 14:00 | 19:00  | Yes    | 1915 |
|                                | 20-Jul Tuesday   | 14:00 | 19:00  | Yes    | 1915 |
|                                | 21-Jul Wednesday | 08:30 | 15:30  | Yes    | 1915 |
|                                | 22-Jul Thursday  | 08:30 | 15:30  | No     |      |
|                                | 23-Jul Friday    | 08:30 | 15:30  | No     |      |
| <b>Week 5 Shane Brodie</b>     |                  |       |        |        |      |
|                                | 26-Jul Monday    | 09:00 | 16:00  | No     |      |
|                                | 27-Jul Tuesday   | 09:30 | 16:30  | No     |      |
|                                | 28-Jul Wednesday | 09:30 | 16:30  | No     |      |
|                                | 29-Jul Thursday  | 10:00 | 17:00  | No     |      |
|                                | 30-Jul Friday    | 11:00 | 18:00  | No     |      |



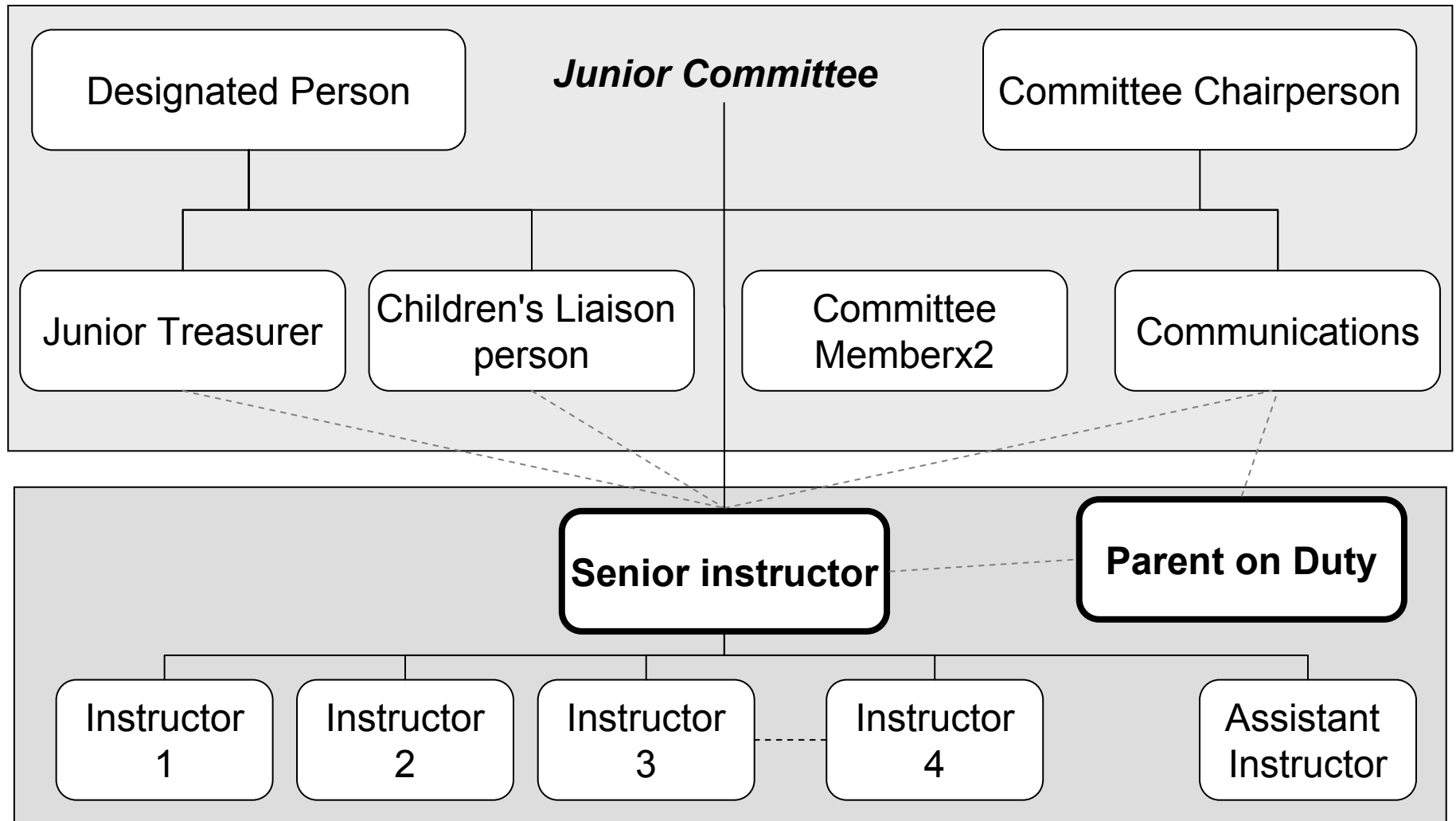
# Code of Conduct

|  |   |
|--|---|
| <p><b>1. For EVERYONE</b><br/><b>(Trainees, Parents, Members, Spectators)</b></p> <p>No abusive language or behaviour. Always act courteously towards any of the following</p> <ul style="list-style-type: none"><li>• Fellow Trainees (your own helm/crew, children and friends)</li><li>• Instructors or Employees of the Club</li><li>• Other Sailors, Spectators or Club Members</li></ul> <p>Place yourself particularly in the shoes of a child who is the recipient of bad language, aggressive threats or correction, taunting about aspects of his / her physique (fat / small / lanky etc). This is unacceptable and unfair.</p> | <p><b>2. For Parents</b></p> <ul style="list-style-type: none"><li>• Ensure children arrive punctually for sessions</li><li>• Ensure children have the proper gear and equipment</li><li>• Ensure that pick-up arrangements are clear and that pick ups are punctual</li><li>• Impress upon children never to leave the club without informing you so that you know their whereabouts</li><li>• Inform the Senior Instructor if for any reason your child cannot attend or needs to leave early</li></ul> |
| <p><b>3. For the Trainees</b></p> <ul style="list-style-type: none"><li>• Arrive on time</li><li>• Co-operate with the Instructors and Parent on Duty. When asked to do something do it.</li><li>• No bad language</li><li>• No gangs and no bullying or teasing</li><li>• Help with preparation for training / events</li><li>• Leave the club and club equipment as good as or better than you found it</li><li>• Do your own tidy-up afterwards</li><li>• Make sure you have the correct gear</li></ul>   | <p><b>4. For the Instructors / Parents on Duty</b></p> <ul style="list-style-type: none"><li>• Respect the dignity, self-esteem and rights of all the children</li><li>• Be punctual and organised for sessions / events</li><li>• Ensure all children are involved in training and events</li><li>• Positive encouragement at all times</li><li>• Clear communication of instructions to children / parents</li></ul>  |

- ISA [www.sailing.ie](http://www.sailing.ie) – Code of Conduct



# Junior Sailing Organisation





# Parent on Duty Roster

| <b>Week 1</b> | <b>Pauline Gleeson</b>  | <b>087 9325264</b> |                    | <u>Start</u> | <u>Finish</u> | Racing | FG   |
|---------------|-------------------------|--------------------|--------------------|--------------|---------------|--------|------|
| 28-Jun        | Monday                  | Pauline Gleeson    | Sarah Cronin       | 09:30        | 16:30         | No     |      |
| 29-Jun        | Tuesday                 | Mark Gleeson       | Majelle Brereton   | 10:00        | 17:00         | No     |      |
| 30-Jun        | Wednesday               | Loise Mehaffy      | Peter O'Hara       | 11:00        | 18:00         | No     |      |
| 01-Jul        | Thursday                | Conor McGowan      | Margaret Penrose   | 11:00        | 18:00         | No     |      |
| 02-Jul        | Friday                  | Padraig O'Donoghue | David O'Reilly     | 11:30        | 18:30         | No     |      |
|               |                         |                    |                    |              |               |        |      |
| <b>Week 2</b> | <b>Shane O'Flaherty</b> | <b>087 2592483</b> |                    |              |               |        |      |
| 05-Jul        | Monday                  | Donal McGuirk      | Sorcha Bayle       | 13:30        | 20:30         | Yes    | 1915 |
| 06-Jul        | Tuesday                 | Jarlath Tunney     | Fiona O'Connor     | 13:30        | 20:30         | Yes    | 1915 |
| 07-Jul        | Wednesday               | Kevin McLoone      | Des Fitzgerald     | 08:30        | 14:30         | Yes    | 1915 |
| 08-Jul        | Thursday                | Willie McGonagle   | Sieneke Hakvoort   | 08:30        | 14:30         | No     |      |
| 09-Jul        | Friday                  | Dearbhle Gallagher | Declan Manly       | 08:30        | 14:30         | No     |      |
|               |                         |                    |                    |              |               |        |      |
| <b>Week 3</b> | <b>Aidan Cronin</b>     | <b>087 2516146</b> |                    |              |               |        |      |
| 12-Jul        | Monday                  | Roz Cloghessey     | Enda Cassidy       | 09:00        | 16:00         | No     |      |
| 13-Jul        | Tuesday                 | Grania Clarke      | Doanl Heaney       | 09:30        | 16:30         | No     |      |
| 14-Jul        | Wednesday               | Peter O'Hara       | Jim Ryan           | 10:00        | 17:00         | No     |      |
| 15-Jul        | Thursday                | John O'Connell     | Declan Foley       | 11:00        | 18:00         | No     |      |
| 16-Jul        | Friday                  | Orla Sheil         | David O'Reilly     | 11:00        | 18:00         | No     |      |
|               |                         |                    |                    |              |               |        |      |
| <b>Week 4</b> | <b>Barry Linnane</b>    | <b>087 6508768</b> |                    |              |               |        |      |
| 19-Jul        | Monday                  | Declan Manly       | Jim Ryan           | 14:00        | 19:00         | Yes    | 1915 |
| 20-Jul        | Tuesday                 | Donal McGuirk      | Margaret Penrose   | 14:00        | 19:00         | Yes    | 1915 |
| 21-Jul        | Wednesday               | Loise Mehaffy      | Conor McGowan      | 08:30        | 15:30         | Yes    | 1915 |
| 22-Jul        | Thursday                | Sorcha Bayle       | Padraig O'Donoghue | 08:30        | 15:30         | No     |      |
| 23-Jul        | Friday                  | Majelle Brereton   | Des Fitzgerald     | 08:30        | 15:30         | No     |      |
|               |                         |                    |                    |              |               |        |      |
| <b>Week 5</b> | <b>Shane Brodie</b>     | <b>087 2317032</b> |                    |              |               |        |      |
| 26-Jul        | Monday                  | Jarlath Tunney     | Fiona O'Connor     | 09:00        | 16:00         | No     |      |
| 27-Jul        | Tuesday                 | Kevin McLoone      | Willie McGonagle   | 09:30        | 16:30         | No     |      |
| 28-Jul        | Wednesday               | Dearbhle Gallagher | Enda Cassidy       | 09:30        | 16:30         | No     |      |
| 29-Jul        | Thursday                | Sieneke Hakvoort   | Roz Cloghessey     | 10:00        | 17:00         | No     |      |
| 30-Jul        | Friday                  | Grania Clarke      | John O'Connell     | 11:00        | 18:00         | No     |      |
| 30-Jul        | Friday                  | Orla Sheil         | Doanl Heaney       |              |               |        |      |



# Responsibilities of the Parent on Duty

| Item | Responsibility   | In Coordination with | When  | Comments   |
|------|--|----------------------|-------|------------|
| 1    | Introduce yourself to the Senior Instructor and team. Coordinate Sailing and Road Crossing times with Senior Instructor  | Senior Instructor    | Start |            |
| 2    | Phones – mind them in box – sandwich bags with names. Get trainees to leave their phones in Phone box.                   | Instructors          |       |            |
| 3    | Ensure that all kids getting the help they need rigging  | Instructors          |       |            |
| 4    | Supervise the road crossing over to the sailing area.  | Instructors          |       |            |
|      | –Hi Viz Vest should be worn. Hi Viz vest is stored in the kitchenette area of Junior training building                   |                      |       |            |
|      | –Lollipop Stick should be used for Road Crossing. Lollipop is stored in the kitchenette area of Junior training building |                      |       |            |
| 5    | Get Milk for Hot Chocolate and start preparing Soup and Hot Chocolate  |                      |       | Petty Cash |
| 6    | Get the kitchen area set up and arrange seating as needed.   |                      |       |            |
| 7    | Supervise Road Crossing - Get trainees back across the road from the sailing area for lunch                              | Instructors          |       |            |
| 8    | Supervise Lunch Break. Serve Chocolate / Soup. Ensure area is tidied up.   |                      |       |            |
|      | –Instructors are on lunch break  |                      |       |            |
|      | –Parents responsible while at Instructors at lunch   |                      |       |            |



## Responsibilities of the Parent on Duty (contd)

| Item | Responsibility   | In Coordination with | When | Comments |
|------|--|----------------------|------|----------|
| 9    | Supervise the crossing back across the road to the sailing area  | Instructors          |      |          |
| 10   | Tidy Up the kitchenette and eating area.   |                      |      |          |
| 11   | Supervise Road Crossing back from sailing at end of day  | Instructors          |      |          |
| 12   | Ensure trainees getting help needed with De-Rig  | Instructors          |      |          |
| 13   | Trainees then Change / Shower  |                      |      |          |
| 14   | De-brief by Instructors with the Trainees  |                      |      |          |
| 15   | Parent on Duty checks that all trainees are out of the showers   |                      |      |          |
| 16   | There will be a roster for trainees to clean / tidy showers. Parent on Duty needs to ensure with Senior Instructor that it is adhered to |                      |      |          |
| 17   | Check showers during the instructor de-brief   |                      |      |          |
| 18   | Ensure that Hi Viz and Lollipop are back in storage in Kitchette for next day  |                      |      |          |



# Appropriate Gear

## *Must Haves / Should Have*

- Personal Equipment Required:
  - Good Footwear – **hard sole** sailing booties or wet-suit socks with runners
  - Wet suit
  - Buoyancy aid
  - Cag or windbreaker
  - Towel
  - Change of Clothes
- Other items that will be needed :
  - Suncream UV Block
  - A mug for a hot drink
  - Lunch each day
  - A notebook, pen/pencil, Logbook
  - Sunglasses(UV)

## *Things that cause problems*

- *Leave them at home*
  - Make Up
  - Hair Straightners
  - Shower Radio
  - Razor
- *Can they do without ?*
  - Mobile Phone (they get lost/damaged/wet)
  - Hair Drier (not in shower room)



## Boats

- Look after
  - Rig and De-Rig
  - Properly Cover and Tie Down
  - Boat Cards will be issued to valid Junior Course boats and trailers
- Insurance
  - €1.3 Million 3<sup>rd</sup> Party
- How Boats get damaged
  - Coming onto Slip
  - Horseplay / “bowing”
  - Repairs



## Forms etc

- Application Form
- Permission to Leave the Club
- Code of Conduct
  - Signed by Trainee
- Boat Declaration
  - Declaration must include insurance details
- Family Membership
  - Must be a member for insurance purposes